Dear Parents/Guardians:

The School District of Kohler will be presenting a program on the early stages of puberty to the students in fifth grade. The following topics will be covered in the program:
- The structure and function of the reproductive system
- The physical and emotional changes that take place during puberty
- The importance of personal hygiene
- Proper diet
- Common questions from kids their age during puberty

The students will be separated into two gender-based groups. The program includes a video and a question and answer session.

We want parents to be aware of this program so that you can have an opportunity for discussion with your child at home. Parents may inspect the curriculum and instructional materials by viewing the links below.

5th Grade

Boys:
https://www.youtube.com/watch?v=plQisaeM8Pg

Girls:
https://www.youtube.com/watch?v=UFEuy8Jow4E

Thank You,
Kohler P.E. and Health Staff